



YEARLY STATUS REPORT - 2021-2022

Part A

Data of the Institution

1.Name of the Institution		TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY
• Name of the Head of the institution	Dr. M. Sundar	
• Designation	Vice-Chancellor	
• Does the institution function from its own campus?	Yes	
• Phone no./Alternate phone no.	044 - 27477904	
• Mobile no	9486959185	
• Registered e-mail	vctnpesu@gmail.com	
• Alternate e-mail address	drstkpe@gmail.com	
• City/Town	Chengelpet	
• State/UT	State	
• Pin Code	600 127	
2.Institutional status		
• University	State	
• Type of Institution	Co-education	
• Location	Semi - Urban	

• Name of the IQAC Co-ordinator/Director	Dr. Shahin Ahmed
• Phone no./Alternate phone no	09841246509
• Mobile	6381274527
• IQAC e-mail address	tnpesuiqac@gmail.com
• Alternate Email address	naactnpesu2018@gmail.com
3.Website address (Web link of the AQAR (Previous Academic Year))	https://www.tnpesu.org/upload/AQAR%2020-21.pdf
4.Whether Academic Calendar prepared during the year?	Yes
• if yes, whether it is uploaded in the Institutional website Web link:	https://www.tnpesu.org/upload/Academic%20Calendar%202021-2022%20Final.pdf

5.Accreditation Details

Cycle	Grade	CGPA	Year of Accreditation	Validity from	Validity to
Cycle 1	B++	2.92	2016	11/05/2016	04/11/2021
Cycle 2	B	2.28	2021	17/08/2021	16/08/2026

6.Date of Establishment of IQAC**11/07/2017****7.Provide the list of Special Status conferred by Central/ State Government-UGC/CSIR/DST/DBT/ICMR/TEQIP/World Bank/CPE of UGC etc.**

Institution/ Department/Faculty	Scheme	Funding agency	Year of award with duration	Amount
TNPESU	RUSA 2.0 II Phase G.O. 256	Central and State Governments	13/12/2021	5,00,00,000
TNPESU	e-Library G.O.46	tYouth Welfare and Sports Development (YWZ)	15/06/2022	83,25,000
TNPESU	Construction of Additional Classrooms G.O.56	Youth Welfare and Sports Development (YWZ)	30/06/2022	5,83,5000
8.Whether composition of IQAC as per latest NAAC guidelines			Yes	
• Upload latest notification of formation of IQAC			View File	
9.No. of IQAC meetings held during the year			01	
• The minutes of IQAC meeting and compliance to the decisions have been uploaded on the institutional website. (Please upload, minutes of meetings and action taken report)			Yes	
• (Please upload, minutes of meetings and action taken report)			View File	
10.Whether IQAC received funding from any of the funding agency to support its activities during the year?			No	
• If yes, mention the amount			0	
11.Significant contributions made by IQAC during the current year (maximum five bullets)				

*TNPESU Library organised Webinar on Research and Publication Ethics on 21.09.2021 * Dept. of Sports Management and Sports Psychology and Sociology organised a Special Talk on Mental Health of Young Adults during Pandemic on 08.10.2021 *International Webinar on Integrated Approach of Yoga Therapy for Disorders in Women from 11th to 17th June 2022 in association with BS Abdul Rehman Crescent Institute of Science and Technology, Chennai. * A Program on Dissemination of Women Empowerment through Sensitising to Martial Arts, Traditional Games and Yoga under the scheme Dissemination of Innovative Technology (DIT) organized by TNPESU and Tamil Nadu State Council for Science and Technology (Dept. of Higher Education, Government of TN), from 22.02.2022 to 26.02.2022. *TNPESU Placement Cell organized the Employability Enhancement Program on Skill Requirement and Employment Opportunities in Sports Industries for BBA and MBA on 26.05.2022

12. Plan of action chalked out by the IQAC in the beginning of the Academic year towards Quality Enhancement and the outcome achieved by the end of the Academic year

Plan of Action	Achievements/Outcomes
To conduct Freshers' Induction Program	Conducted Freshers' Induction Program on 21.10.2022 and 22.10.22
Prepared the Annual Quality Assurance Report (AQAR) for the year 2020-2021	Prepared and submitted on 31/12/2021
Arrangement for feedback responses for students, parents and other stakeholders for the academic year 2021-2022	Process initiated with the concerned faculty member
Revision of Curriculum	Discussion on the revision of syllabus is initiated with a focus on sports related subjects.
Training and Development	Faculty has been advised to take up SWAYAM /MOOC courses to get prepared to teach new courses.
Scholarships to students for outstanding record in sports	Initiatives have been taken to revive to provide Scholarships to students with outstanding record in sports.

13. Whether the AQAR was placed before statutory body?	No				
Name of the statutory body					
<table border="1"> <tr> <td>Name</td> <td>Date of meeting(s)</td> </tr> <tr> <td>NIL</td> <td>30/03/2022</td> </tr> </table>	Name	Date of meeting(s)	NIL	30/03/2022	
Name	Date of meeting(s)				
NIL	30/03/2022				
14. Whether NAAC/or any other accredited body(s) visited IQAC or interacted with it to Assess the functioning?	Yes				
15. Whether institutional data submitted to AISHE					
<table border="1"> <tr> <td>Year</td> <td>Date of Submission</td> </tr> <tr> <td>2021-2022</td> <td>15/05/2023</td> </tr> </table>	Year	Date of Submission	2021-2022	15/05/2023	
Year	Date of Submission				
2021-2022	15/05/2023				
16. Multidisciplinary / interdisciplinary					
The institution being a Physical Education and Sports University has a holistic multidisciplinary curriculum with a vision to equip the students with overall knowledge in allied fields apart from their core subjects. It provides an enormous exposure by creating a niche in research and development by offering interdisciplinary Graduate to Ph.D programs. The Library is well equipped with e-resources , state of art laboratories, language laboratories and ICT facilities. The curriculum designed with inter-disciplinary courses, and it is constantly revived through Board of Studies. Generic courses designed by the parent departments are offered to different departments, so that the students will have an understanding of other subjects, by which the avenues for further learning is broadened, and new job opportunities are explored. The curriculum is blended in such a way, where the student will be given more options without losing the emphasis on the core subject.					
17. Academic bank of credits (ABC):					
Initiatives for implementing are still on the way to satisfy the requirements of Academic Bank Credits. The University is attempting to make MoUs with the foreign Universities for faculty and students exchange programs. The curriculum is continuously upgraded to make the student employable as per the requirement of the industry and higher educational institution. General Elective courses are offered in each program and the students shall have the flexibility to chose					

the subjects as per the requirement. This is a preliminary effort taken through Choice Based Credit System to fulfil the bigger goal of implementing of Academic Bank Credits.

18.Skill development:

The Skill Development issue in India is pertinent both at demand and supply. To meet this challenge TNPESU has a distinguished vision for Academic preparedness through instructional and practical approaches. Skill based education is an approach to create and maintain healthy life styles through development of knowledge, attitudes, variety of learning experiences. TNPESU has identified some best practices through VPP in the skill development to be adopted in the curriculum. TNPESU adopts a learner - centric approach while focussing on experiential and lifelong learning. Skill Development provides the platform for the curricular and cocurricular subjects. Skill development offers problem solving skills, critical thinking and acquisition of knowledge, attitude and skill to enhance the competency during the course of the study. Skill Development courses for improvement of soft and communication skills, technical skills are introduced. The curriculum also includes, mini projects, laboratory and project work., project meets for BPED and MPED programmes. The benefits of Skill Development includes improved performance, improved accuracy and quality, improved communication, complies with rules and regulations, improved recruitment and career opportunities and development of good customer relations. TNPESU increased by strengthening physical and intellectual resources. Skill Development also covers the area of training for self employment or entrepreneurial development. Promoting formal and informal apprenticeships and other types of training by the health care industry, fitness centers, sports associations, sports organizations and various schools. The programs offered at TNPESU includes courses that are aligned with industry's demands and focusses on employability skills and entrepreneurship development. The University has a tie up with various schools, hospitals and organisations and the students undergo internship and for project work. The students are encouraged to take up the officiating examinations related to their sports discipline specific, so that their skills in their specialized games be enhanced which would pave way for better employment opportunities.

19.Appropriate integration of Indian Knowledge system (teaching in Indian Language, culture, using online course)

In TNPESU, we have administered the integration of ancient Indian knowledge through various modalities. The Department of Yoga has introduced courses with emphasis on Sanskrit languages. The TNPESU

Library is equipped with a large repository of ancient books on varied subjects such as silambam fencing, Thirumandiram, Kiriya Yoga, Yogamitra, Patanjali Yoga, Ancient Sports rules and regulations, Ayurvedha, Varma & Bhagavatgeetha. Under the Choice Based Credit System, the departments are encouraged to offer their courses to other departments as Generic Electives, so that the other students have the option of learning different courses. The program offered to the students to make them understand the true meaning of Yoga which lies in its Cultural, religious and philosophical moorings rather than viewing as a set of physical exercise and body posture. Various workshops, competition, related to Yoga are conducted by the Department of Yoga regularly. The University also has a Center for Silambam and Kalariyapattu, which is offered to the students and the children of the neighboring areas. This martial art is a form cultural practice in Indian sub continents since Vedic times. It helps in physical, mental and spiritual development of an individual. The significance of promoting the Indian Knowledge System is emphasized through various community oriented programs such as Village Placement Programs which is a part of the curriculum

20.Focus on Outcome based education (OBE):Focus on Outcome based education (OBE):

Choice Based Credit System is adopted in the curriculum of all the programs. Every program highlights the Program Objectives (POs), Program Specific Objectives (PSOs) and Course Objectives (Cos) of all disciplines focusing on the emerging needs of markets. The Pos, PCOs and the Cos framed by the Departments are duly approved by the Members of the Board. These objectives are well accomplished through Continuous Assessment comprising of Internal tests, classroom activities and External Examinations. The outcomes are published on the University Website for the awareness of all the Stake Holders. The students are well equipped with the information before the commencement of their course. The Department makes concrete effort to make students ready for job markets through industry academia collaboration in terms of internship and project work.

21.Distance education/online education:

The School of Distance Education of Tamil Nadu Physical Education and Sports University has turned to be a main focus for students who cant afford or not willing to join colleges or employed or who are seeking additional qualification. There is a vast array of

courses that are offered in the SDE at different levels such as Certificate, Under Graduate, Post Graduate, PG Diploma and lateral courses. In order to facilitate the independent study, all the learning resources of the study are prepared meticulously in self learning format with subject experts. The Personal Contact Programs are handled by experienced faculties drawn from our University departments and affiliated colleges of our university. Some of the highly technical and practical oriented courses are handled by the faculties who have vast knowledge in these subjects. Technical support, smart classrooms and ICT enabled laboratories will help the candidates to gain more competence and prepare to face the job market. The Faculty of the College are also involved in creating E-Content, which can be accessed not just by our own students but also globally. The University library also subscribes to INFLIBNET which provides unparalleled access to innumerable resources at the click of a button. Textbooks, reference books, research journals, and a lot of supplementary reading materials can be accessed very easily.,

Extended Profile

1.Programme

1.1	27
Number of programmes offered during the year:	

File Description	Documents
Data Template	View File

1.2	05
Number of departments offering academic programmes	

2.Student

2.1	822
Number of students during the year	

File Description	Documents
Data Template	View File

2.2	283
Number of outgoing / final year students during the year:	

File Description	Documents
Data Template	View File
2.3	716
Number of students appeared in the University examination during the year	
File Description	Documents
Data Template	View File
2.4	10
Number of revaluation applications during the year	
3.Academic	
3.1	471
Number of courses in all Programmes during the year	
File Description	Documents
Data Template	View File
3.2	43
Number of full time teachers during the year	
File Description	Documents
Data Template	View File
3.3	28
Number of sanctioned posts during the year	
File Description	Documents
Data Template	View File
4.Institution	
4.1	365
Number of eligible applications received for admissions to all the Programmes during the year	

File Description	Documents
Data Template	View File

4.2	365
Number of seats earmarked for reserved category as per GOI/ State Govt. rule during the year	

File Description	Documents
Data Template	View File

4.3	57
Total number of classrooms and seminar halls	

4.4	118
Total number of computers in the campus for academic purpose	

4.5	14193238.83
Total expenditure excluding salary during the year (INR in lakhs)	

Part B	
CURRICULAR ASPECTS	
1.1 - Curriculum Design and Development	
1.1.1 - Curricula developed and implemented have relevance to the local, national, regional and global developmental needs which is reflected in Programme outcomes (POs), Programme Specific Outcomes(PSOs) and Course Outcomes(COs) of the Programmes offered by the University	
• In line with its Vision “Excellence in Physical Education and Sports” the TNPESU offers globally comparable quality of Higher education and make the students to excel in sports and games. • This university offers totally 18Programs out of which 7 UG, 10 PG, 1 P.G.Diploma in Sports Coaching and 7 Ph.D programs. • All the programs are designed to offer relevant and updated subject knowledge in various disciplines of sports and technology which have internships / laboratory based practical, project work, hands-on training and field based practicum. • All the programs are approved by the statutory bodies of this university and ensured the program specific outcomes to enhance the knowledge and skills in sports, societal	

attributes, communication skills etc in compliance with the learning outcome curriculum framework recommended by UGC.

- Periodical revision of syllabi is executed to incorporate relevant changes on par with local, national, regional and international standards.
- The sports technology courses such as sports material engineering and design, sports aero dynamics, software in sports etc have been designed in consultation with domain experts to fulfill the needs of learners and stakeholders.
- The TNPESU follows semester pattern and choice based credit system as per UGC regulations.
- In order to impart skills and subject knowledge on interdisciplinary generic electives, the skill development and ability enhancement courses are included as an integral part of the curriculum. It focus to address the environmental and social constrains.
- Steps are taken to motivate the oppressed, challenged and weaker section by providing job opportunities through placement cell.

File Description	Documents
Upload relevant supporting document	View File

1.1.2 - Number of Programmes where syllabus revision was carried out during the year

0

File Description	Documents
Upload the data template	View File
Upload relevant supporting document	No File Uploaded

1.1.3 - Total number of courses having focus on employability/ entrepreneurship/ skill development offered by the University during the year

1.1.3.1 - Number of courses having focus on employability/ entrepreneurship/ skill development during the year

84

File Description	Documents
Upload the data template	View File
Upload relevant supporting document	View File

1.2 - Academic Flexibility

1.2.1 - Number of new courses introduced of the total number of courses across all programs offered during the year

0

File Description	Documents
Upload the data template	View File
Upload relevant supporting document	No File Uploaded

1.2.2 - Number of Programmes in which Choice Based Credit System (CBCS)/elective course system has been implemented during the year

18

File Description	Documents
Upload the data template	View File
Upload relevant supporting document	View File

1.3 - Curriculum Enrichment

1.3.1 - Institution integrates crosscutting issues relevant to Professional Ethics, Gender, Human Values, Environment and Sustainability into the Curriculum

- The curriculum of all programs were framed in such a way to aim and provide innovative programmes in teaching, coaching, research and outreach activities and evolve a holistic approach to the betterment of human resources.
- TNPESU offers variety of courses to the learners to know the crosscutting issues like professional ethics, human values, environmental sensitivity, gender and relevant concerns in society namely: sustainability and emerging issues pertaining to ethical and moral concerns in the society.
- To mention specifically, the course on "Environmental Sciences" made mandatory in all the disciplines.
- The course on "Village Placement Programme (VPP)" being offered creates Social responsibility among the student

community to serve for the betterment of the people in villages.

- This university is offering communication skill course for skill development and providing fifteen days of internship training for U.G & P.G programmes. Also computer application course is being provided for skill enhancement.
- This university offers broadbased programmes with choice based credit system and Electives with interdisciplinary approach.
- Whereas the core courses provides both fundamental and applied concepts, which in turn develops skill enhancement.
- Some of the courses are framed the address the issues of women.

File Description	Documents
Upload relevant supporting document	View File

1.3.2 - Number of value-added courses for imparting transferable and life skills offered during the year

0

File Description	Documents
Upload the data template	View File
Upload relevant supporting document	No File Uploaded

1.3.3 - Total number of students enrolled in the courses under 1.3.2 above

1.3.3.1 - Number of students enrolled in value-added courses imparting transferable and life skills offered during the year

0

File Description	Documents
Upload the data template	View File
Upload relevant supporting document	No File Uploaded

1.3.4 - Number of students undertaking field projects / research projects / internships during the year

530

File Description	Documents
Upload the data template	View File
Upload relevant supporting document	View File

1.4 - Feedback System

1.4.1 - Structured feedback for design and review of syllabus – semester wise / is received from Students Teachers Employers Alumni

- All 4 of the above

File Description	Documents
Upload relevant supporting document	View File

1.4.2 - Feedback processes of the institution may be classified as follows

- Feedback collected, analysed and action taken and feedback available on website

File Description	Documents
Upload relevant supporting document	View File

TEACHING-LEARNING AND EVALUATION

2.1 - Student Enrollment and Profile

2.1.1 - Demand Ratio

2.1.1.1 - Number of seats available during the year

658

File Description	Documents
Upload the data template	View File
Upload relevant supporting document	View File

2.1.2 - Total number of seats filled against reserved categories (SC, ST, OBC, Divyangjan, etc.) as per applicable reservation policy during the year (Excluding Supernumerary Seats)

2.1.2.1 - Number of actual students admitted from the reserved categories during the year

365

File Description	Documents
Upload the data template	View File
Upload relevant supporting document	View File

2.2 - Catering to Student Diversity

2.2.1 - The institution assesses the learning levels of the students and organises special Programmes for advanced learners and slow learners

ADVANCED LEARNERS

- Students are encouraged to be members of professional bodies in their respective fields like Yoga Association, and Psychology Association and State Sports Association.
- Advised to participate in group discussions and peer group study.
- Various club activities are conducted by all the departments in the respective areas to mould the students in their field.
- Motivating them to participate in workshop, seminar and conference to inculcate research orientation and practical awareness
- Semester Toppers and University rank holders are honored by Chancellor with certificates and Medals during the annual convocation.
- Sports achievers are encouraged with sports scholarship and fee concession.

SLOW LEARNERS:

- Mentor- Mentee system has been introduced, and every student in the Institution is assigned to a mentor
-
- Technology Integrated Teaching is implemented through PowerPoint presentation, ICT lab, Pedagogy Lab, Anatomy and Physiology lab, Psychology lab, Yoga lab and Kriya lab.
- Offers classes on communication skills to prepare them for future career, especially to those who are from vernacular medium and to those whose proficiency in English is low for which a language lab is established at a cost of Rs. 14.59 lakhs

File Description	Documents
Upload relevant supporting document	View File
Link For Additional Information	Nil

2.2.2 - Student - Full time teacher ratio during the year

Number of Students	Number of Teachers
365	41

File Description	Documents
Upload relevant supporting document	View File

2.3 - Teaching- Learning Process

2.3.1 - Student centric methods, such as experiential learning, participative learning and problem-solving methodologies are used for enhancing learning experiences

The complete educational process of development, deliverance of curriculum and assessment is planned to be student centric.

- The student centric education is promoted by ensuring classroom atmosphere to be learner-friendly. Special lectures are given for soft skills and technical skills.
- The classroom environment is kept conducive to make learners feel free to share their ideas and to have a healthy discussion.
- Information in advance is given about topics to be taught in the next class so that the students can come prepared for active discussion with teachers.
- Initial few minutes of the lecture is spent to recollect the contents in the last lecture by asking some questions to check the understanding of the students and to increase a link for the subject of existing lecture.

Experiential learning and problem solving method using below methods

An experiential learning is the best way to translate the classroom knowledge into practice and to gain experience, learn new skills, add value and earn real experience for their career prospects

- Participative Learning
- Projects and Field practicum
- Guest Lectures, Seminar & Workshops
- Exhibitions
- Competitions

File Description	Documents
Upload relevant supporting document	View File

2.3.2 - Teachers use ICT enabled tools including online resources for effective teaching and learning processes during the year

All our teachers of the University are using ICT tools and resources

available on its campus. They use LCD Projectors, smart boards, Video Conferencing, A-view, Google quiz, MOOCs and e-learning technology.

They also use these resources by Multimedia Projectors, Public address system, Document camera, Computers, Mooc's Desktops, Laptop, Wi-Fi, LAN connected system.

Institute premises are Wi-Fi enabled

Dedicated computer laboratory with an internet link has been provided to encourage autonomous learning. Also ICT and pedagogy lab to support student learning. Wi-Fi facility for access of internet is provided to individual laptop and mobile devices. Security is provided to Wi-Fi users and its access is controlled by the system administrator

Collection of educational CDs; DVDs on various topics are available. The university library is effectively used for the enhancement of teaching and learning with a daily foot-fall of

The teaching faculties and students are updated in recent trends in the use of ICT-enabled research in performing literary search, collection of data, documentation, and statistical analysis (SPSS).

Departments also have multimedia classrooms and the staff members are trained in teaching with ICT enabled tools for effective learning process. Teachers use video recording in physical education to provide immediate feedback on student's performance.

File Description	Documents
Upload relevant supporting document	View File

2.3.3 - Ratio of students to mentor for academic and other related issues during the year

2.3.3.1 - Number of mentors**42**

File Description	Documents
Upload relevant supporting document	View File

2.4 - Teacher Profile and Quality**2.4.1 - Total Number of full time teachers against sanctioned posts during the year****42**

File Description	Documents
Upload the data template	View File
Upload relevant supporting document	View File

2.4.2 - Total Number of full time teachers with Ph.D./D.M/M.Ch./D.N.B Superspeciality/D.Sc./D’Lit. during the year**42**

File Description	Documents
Upload the data template	View File
Upload relevant supporting document	View File

2.4.3 - Total teaching experience of full time teachers in the same institution during the year**2.4.3.1 - Total experience of full-time teachers****350**

File Description	Documents
Upload the data template	View File
Upload relevant supporting document	View File

2.4.4 - Total number of full time teachers who received awards, recognition, fellowships at State, National, International level from Government/Govt. recognised bodies during the year**1**

File Description	Documents
Upload the data template	View File
Upload relevant supporting document	View File

2.5 - Evaluation Process and Reforms

2.5.1 - Number of days from the date of last semester-end/ year- end examination till the declaration of results during the year

8

2.5.1.1 - Number of days from the date of last semester-end/ year- end examination till the declaration of results year wise during the year

8

File Description	Documents
Upload the data template	View File
Upload relevant supporting document	View File

2.5.2 - Total number of student complaints/grievances about evaluation against total number appeared in the examinations during the year

0

File Description	Documents
Upload relevant supporting document	View File

2.5.3 - IT integration and reforms in the examination procedures and processes (continuous internal assessment and end-semester assessment) have brought in considerable improvement in examination management system of the institution

The university has been constantly carrying out reforms in its examination process through incorporation of IT in all the measures and process of the examination system. The reforms have also been implementing in the permanent internal assessments modes and components.

Examination method has been completely automated using in home IT software. Constructive impact of reforms on the examination actions and processes including IT integration and continuous internal

evaluation on the examination management system

The Examination administration of the University is 100% programmed. Up-gradation of the Examination Management Module is with own software.

Since 2018-2019, all examination procedures have been automated through IT-enabled generation of student list appearing for exams, internal and external mark lists, and payment of exam fees, issuing hall tickets and process. The office of the Controller of Examinations has Zero Error Valuation.

File Description	Documents
Upload relevant supporting document	View File

2.5.4 - Status of automation of Examination division along with approved Examination Manual

E. Only manual methodology

File Description	Documents
Upload the data template	View File
Upload relevant supporting document	View File

2.6 - Student Performance and Learning Outcomes

2.6.1 - The institution has stated learning outcomes (generic and programme specific)/graduate attributes which are integrated into the assessment process and widely publicized through the website and other documents

Student Performance and Learning Outcomes

To dedicate ourselves to accomplish, support and encourage matchless quality in teaching.

Program Outcomes: It represents the knowledge, skills and attitudes the students should have at the end of a course completion of their respective program.

POs and PSOs are displayed in important locations, Department office, library and Laboratories. During the meeting POs and PSOs are reviewed amongst the students and staff members.

Course Outcomes: It gives the knowledge and skills the student

acquires at the end of each course. It defines the cognitive processes a course provides.

COs are communicated to the students during the introduction class and at commencement and after the completion of the unit, the course outcomes are focused and reviewed.

Program Specific Outcomes: The outcomes of the programs which students recognize the fact that the knowledge and techniques learnt in this course has effect for the betterment of humanity and its sustainability.

All students are apprised of the objectives and expected outcomes of their programme on admission during the Orientation programs and also educated and provided with the detailed syllabus and course outcomes and assessment strategy of each course.

File Description	Documents
Upload relevant supporting document	View File

2.6.2 - Attainment of Programme outcomes, Programme specific outcomes and course outcomes are evaluated by the institution during the year

2.6.2 Attainment of Programme outcomes, Programme specific outcomes and course outcomes are evaluated by the institution

The evaluation process of the students in different subjects is followed as per the rules and regulations of the University..Our institution encourages teachers to organize workshops, deputed to participate in the seminars and conferences and to present and publish research papers to achieve the Course Outcomes and Programme Outcomes successfully. The internal department committee deals with the effective implementation of the evaluation reforms and initiates a few steps such as Unit Tests, Field Survey, Study Tours, Practical Work, Seminars etc. To attain the course outcomes and program outcomes the activities such as cultural, N.S.S., Career Counseling, Personality Development Program, and Communication Skills, Various inter-collegiate competitions, organizations of Scholarly Lectures, Health Awareness Programs, Life Skills Development Program, and Youth Festival ,etc. Career Oriented Courses such as Communicative English and Tax Practices are conducted.

Moreover, the huge playground is used to organize zonal and Inter-zonal sports competitions. Sporting skills are inculcated among the students through these competitions.

Knowledge and skill that students acquire in their subject and their capacity for critical thinking, are evaluated through Continuous Internal Evaluation, End Semester Examinations and personal interaction.

File Description	Documents
Upload relevant supporting document	View File

2.6.3 - Number of students passed during the year

2.6.3.1 - Total number of final year students who passed the university examination during the year

283

File Description	Documents
Upload the data template	View File
Upload relevant supporting document	View File

2.7 - Student Satisfaction Survey

2.7.1 - Student Satisfaction Survey (SSS) on overall institutional performance (Institution may design its own questionnaire) (results and details need to be provided as a web link)

<https://tnpesu.org/iqac/Criteria%202.7.1 STUDENTS SATISFACTION SURVEY.pdf>

RESEARCH, INNOVATIONS AND EXTENSION

3.1 - Promotion of Research and Facilities

3.1.1 - The institution Research facilities are frequently updated and there is well defined policy for promotion of research which is uploaded on the institutional website and implemented

This University has a Research Policy to promote research in the field of Sports and Sport sciences. The university has well equipped research laboratories worth Rs. 21,68,00,652/-. The recognized research guides of this University are 21 and 21 Ph.D degrees were awarded during 2020-2021 years.

The Research activities are function under Research Alliance, Departmental Research Committee and Doctoral Committee. The Research Fellowship and Seed Money Committee was constituted by the Vice Chancellor to scrutinize the applications of the faculty members in getting financial assistance for International, National travel under UGC unassigned Travel Grant Scheme for attending International, National Conferences. Institutional Ethics committee as per UGC/ ICMR guidelines is looking after the ethical issues of the research activities. Incentive given to Teachers who receive state, national and international recognitions /awards. The Plagiarism Check is carried out in the research reports with the UGC approved software Urkund. Research ethics is included in the research methodology course work of the research scholars in this University.

File Description	Documents
Upload relevant supporting document	View File

3.1.2 - The institution provides seed money to its teachers for research (amount INR in Lakhs)

0

File Description	Documents
Upload the data template	View File
Upload relevant supporting document	No File Uploaded

3.1.3 - Number of teachers receiving national/ international fellowship/financial support by various agencies for advanced studies/ research during the year

0

File Description	Documents
Upload the data template	View File
Upload relevant supporting document	No File Uploaded

3.1.4 - Number of JRFs, SRFs, Post-Doctoral Fellows, Research Associates and other research fellows enrolled in the institution during the year

0

File Description	Documents
Upload the data template	View File
Upload relevant supporting document	No File Uploaded

3.1.5 - Institution has the following facilities to support research Central Instrumentation Centre Animal House/Green House Museum Media laboratory/Studios Business Lab Research/Statistical Databases Moot court Theatre Art Gallery	A. Any 4 or more of the above
--	--------------------------------------

File Description	Documents
Upload relevant supporting document	View File

3.1.6 - Number of departments with UGC-SAP, CAS, DST-FIST, DBT, ICSSR and other recognitions by national and international agencies during the year
0

File Description	Documents
Upload the data template	View File
Upload relevant supporting document	No File Uploaded

3.2 - Resource Mobilization for Research
3.2.1 - Extramural funding for Research (Grants sponsored by the non-government sources such as industry, corporate houses, international bodies for research projects) endowments, Chairs in the University during the year (INR in Lakhs)
0

File Description	Documents
Upload the data template	View File
Upload relevant supporting document	No File Uploaded

3.2.2 - Grants for research projects sponsored by the government agencies during the year (INR in Lakhs)
0

File Description	Documents
Upload the data template	View File
Upload relevant supporting document	No File Uploaded

3.2.3 - Number of research projects per teacher funded by government and non-government agencies during the year

0

File Description	Documents
Upload the data template	View File
Upload relevant supporting document	No File Uploaded

3.3 - Innovation Ecosystem

3.3.1 - Institution has created an eco-system for innovations including Incubation centre and other initiatives for creation and transfer of knowledge

The Tamil Nadu Physical Education and Sports University Innovation and Incubation Centre is an ideal Research and Development Innovation Ecosystem of the university which enable to nurture ideas through research, developing and promoting start up culture among young entrepreneurs.

The Innovation and Incubation Centre nurtures a unique platform for Teachers, Scholars, Students, sports persons, Industrialists and Common man in and around the region, to imagine, test and cultivate the innovation ideas, and translate them into valuable products to serve the society. It nurtures the start-ups, technology based occupational ventures, creates bridge between academic and institutional partners to overcome the unemployment issues, promote research, assist and monitor research activities motivate faculties and scholars to publish quality papers, increase the entrepreneurial skills of the students, promote UG/PG students to explore the opportunities created by these incubates/start-ups. It drives scientific advances to help to develop new approaches, applications and products Expertise are available in the areas of Physical Education, Yoga, Exercise Physiology, Sports Nutrition, Sports Biomechanics, Sports Psychology & Sociology, Sports Coaching, sports management, Sports technology, Library Services, Sports Journalism, Sports Statistics, Sports Medicine, and Physiotherapy.

File Description	Documents
Upload relevant supporting document	View File

3.3.2 - Number of workshops/seminars conducted on Research Methodology, Intellectual Property Rights (IPR), Entrepreneurship and Skill Development during the year

4

3.3.2.1 - Total number of workshops/seminars conducted on Research methodology, Intellectual Property Rights (IPR), entrepreneurship, skill development year wise during the year

4

File Description	Documents
Upload the data template	View File
Upload relevant supporting document	View File

3.3.3 - Number of awards / recognitions received for research/innovations by the institution/teachers/research scholars/students during the year

3.3.3.1 - Total number of awards / recognitions received for research/innovations won by institution/teachers/research scholars/students year wise during the year

0

File Description	Documents
Upload the data template	View File
Upload relevant supporting document	No File Uploaded

3.4 - Research Publications and Awards

3.4.1 - The institution ensures implementation of its stated Code of Ethics for research

3.4.1.1 - The institution has a stated Code of Ethics for research and the implementation of which is ensured through the following 1. Inclusion of research ethics in the research methodology course work 2. Presence of institutional Ethics committees (Animal, chemical, bio-ethics etc) 3. Plagiarism check	A. All of the above
--	----------------------------

4. Research Advisory Committee

File Description	Documents
Upload relevant supporting document	View File

3.4.2 - The institution provides incentives to teachers who receive state, national and international recognitions/awards Commendation and monetary incentive at a University function Commendation and medal at a University function Certificate of honor Announcement in the Newsletter / website

E. None of the above

File Description	Documents
Upload the data template	No File Uploaded
Upload relevant supporting document	No File Uploaded

3.4.3 - Number of Patents published/awarded during the year**3.4.3.1 - Total number of Patents published/awarded year wise during the year**

0

File Description	Documents
Upload the data template	View File
Upload relevant supporting document	No File Uploaded

3.4.4 - Number of Ph.D's awarded per teacher during the year**3.4.4.1 - How many Ph.D's are awarded during the year**

4

File Description	Documents
Upload the data template	View File
Upload relevant supporting document	View File

3.4.5 - Number of research papers per teacher in the Journals notified on UGC website during the year

7

File Description	Documents
Upload the data template	View File
Upload relevant supporting document	View File

3.4.6 - Number of books and chapters in edited volumes published per teacher during the year

3.4.6.1 - Total number of books and chapters in edited volumes / books published, and papers in national/international conference-proceedings during the year

6

File Description	Documents
Upload the data template	No File Uploaded
Upload relevant supporting document	View File

3.4.7 - E-content is developed by teachers For e-PG-Pathshala For CEC (Under Graduate) For SWAYAM For other MOOCs platform For NPTEL/NMEICT/any other Government Initiatives For Institutional LMS	D. Any 2 of the above
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File Description	Documents
Upload the data template	View File
Upload relevant supporting document	View File

3.4.8 - Bibliometrics of the publications during the year based on average Citation Index in Scopus/ Web of Science/PubMed

Scopus	Web of Science
6	Nil

File Description	Documents
Any additional information	View File
Bibliometrics of the publications during the year	No File Uploaded

3.4.9 - Bibliometrics of the publications during the year based on Scopus/ Web of Science – h-Index of the University

Scopus	Web of Science
0	Nil

File Description	Documents
Bibliometrics of publications based on Scopus/ Web of Science - h-index of the Institution	No File Uploaded
Any additional information	No File Uploaded

3.5 - Consultancy

3.5.1 - Institution has a policy on consultancy including revenue sharing between the institution and the individual and encourages its faculty to undertake consultancy

The Tamil Nadu Physical Education and Sports University Innovation and Incubation Centre is an ideal Research and Development Innovation Ecosystem of the university which enable to nurture ideas through research, developing and promoting start up culture among young entrepreneurs.

The Innovation and Incubation Centre nurtures a unique platform for Teachers, Scholars, Students, sports persons, Industrialists and Common man in and around the region, to imagine, test and cultivate the innovation ideas, and translate them into valuable products to serve the society. It nurtures the start-ups, technology based occupational ventures, creates bridge between academic and institutional partners to overcome the unemployment issues, promote research, assist and monitor research activities motivate faculties and scholars to publish quality papers, increase the entrepreneurial skills of the students, promote UG/PG students to explore the opportunities created by these incubates/start-ups. It drives scientific advances to help to develop new approaches, applications and products Expertise are available in the areas of Physical Education, Yoga, Exercise Physiology, Sports Nutrition, Sports Biomechanics, Sports Psychology & Sociology, Sports Coaching, sports management, Sports technology, Library Services, Sports Journalism, Sports Statistics, Sports Medicine, and Physiotherapy.

File Description	Documents
Upload relevant supporting document	View File

3.5.2 - Revenue generated from consultancy and corporate training during the year (INR in Lakhs)

3.5.2.1 - Total amount generated from consultancy and corporate training during the year (INR in lakhs)**0**

File Description	Documents
Upload the data template	View File
Upload relevant supporting document	No File Uploaded

3.6 - Extension Activities

3.6.1 - Extension activities in the neighbourhood community in terms of impact and sensitising students to social issues and holistic development during the year

Students and faculty members are involved in extension activities in our campus and in our neighbourhood areas. The students of NSS and NCC students are involved in extension activities such as cleaning, tree plantation and awareness programme.

The students of Physical Education of this university are encouraged to clean the available and unutilized spaces in nearby villages and to construct and layout play fields to encourage the children and youths to take part in Sports and Games and to develop the socialization among the village people. Students from various departments do involve in Village Placement Programme (VPP) as extension service to the public. Through this programme, health and fitness is assessed by collecting information through measurements and questionnaire that consists of basic information of the residents, level of physical activity, dietary intake of the people, illness and medications. The collected data were subjected to statistical analysis. Based on the results, the residents were given counselling for maintaining healthy life style. This programme offers counselling and free treatment to various health issues through yoga therapy, alternative medicine, Naturopathy, Physiotherapy and yogic diet.

File Description	Documents
Upload relevant supporting document	View File

3.6.2 - Number of awards received by the Institution, its teachers and students from Government /Government recognised bodies in recognition of the extension activities carried out during the year

3.6.2.1 - Total number of awards and recognition received for extension activities from

Government / Government recognised bodies during the year**0**

File Description	Documents
Upload the data template	View File
Upload relevant supporting document	No File Uploaded

3.6.3 - Number of extension and outreach programs conducted by the institution including those through NSS/NCC/Red cross/YRC during the year(including Government initiated programs such as Swachh Bharat, Aids Awareness, Gender Issue, etc. and those organised in collaboration with industry, community and NGOs)

12

File Description	Documents
Upload the data template	View File
Upload relevant supporting document	View File

3.6.4 - Total number of students participating in extension activities listed at 3.6.3 above during the year

75

File Description	Documents
Upload the data template	View File
Upload relevant supporting document	View File

3.7 - Collaboration

3.7.1 - Number of collaborative activities with other institutions/ research establishment/industry for research and academic development of faculty and students during the year

3.7.1.1 - Total number of Collaborative activities with other institutions/ research establishment/industry for research and academic development of faculty and students during the year

0

File Description	Documents
Upload the data template	View File
Upload relevant supporting document	No File Uploaded

3.7.2 - Number of functional MoUs with institutions/ industries in India and abroad for internship, on-the-job training, project work, student / faculty exchange and collaborative research during the year

0

File Description	Documents
Upload the data template	View File
Upload relevant supporting document	No File Uploaded

INFRASTRUCTURE AND LEARNING RESOURCES

4.1 - Physical Facilities

4.1.1 - The institution has adequate facilities for teaching - learning. viz., classrooms, laboratories, computing equipment, etc.

This University has taken enormous effort to establish physical facilities like construction of class rooms, Library, laboratories, Meditation Hall, Computing equipments, Multipurpose Indoor stadium, Auditorium, Camping centre, Gym, Canteen, approach road, front arch, hostels etc.

Innovative Initiatives - Horse Riding Academy, Shooting Range, Adventure Sports, Centre for Traditional Kalaripayattu and Silambam Training, Academy for Badminton and Table Tennis.

- A total of 37 class rooms are available in this university campus for teaching purposes,
- 12 laboratories are established by five departments in this university for undergoing research and practical works. The laboratories are ICT, Measurement and sports training, Human performance, Multimedia, Nutrition, Exercise physiology, Sports biomechanics & Kinesiology, Naturopathy, Kriya, Sports Technology, Aero-Dynamics, Sports psychology, Business, Medical, Anatomy and Physiology Labs.
- 4 laboratories are established for common usage of all the departments namely Media Laboratory, Digital language, Pedagogy and Computer labs

- 19 staff rooms presently available in this university for faculty member's use with all necessary facilities.
- 2 sports equipments rooms are available in this university for storage of sports goods and equipments under the department of Physical education.
- One meditation hall.
- One Server Room.
- 2 Health Centre

File Description	Documents
Upload relevant supporting document	View File

4.1.2 - The institution has adequate facilities for cultural activities, yoga, games (indoor, outdoor) and sports. (gymnasium, yoga centre, auditorium, etc.)

This university has adequate facilities to organize various events..

Multipurpose indoor stadium

- The indoor stadium sports activities such as volley ball, basket ball, badminton, table tennis, hand ball, Kabaddi and gymnastics shall be played, having gallery with 500 seats.

Various out- door play fields

- The play fields like volley ball court, basket ball court, foot ball field, cricket field, hockey fields, 400 m atheletic track, kho-kho court, kabaddi court, etc.,

Yoga meditation hall

- Yoga cum meditation hall is available at the first floor of the library building KRIA equipments, waist bath equipment, floor mats, charts and models.

Gymnasium

- This university having multi-gym facilities for various strength training activities.
- The Gym is well equipped with standard equipments like Lat Pull Down/Mid Row, Pec fly / Rear Delt, Vertical chest press, Leg Extension/Leg Curl, Leg press/ Calf Raise, Scott Bench, Roman Chair, Squat Rack,

Auditorium for Cultural Activities

- The University has an auditorium that accommodates 750- 800 members.

Camping centre

- To impart the leadership skills of the students of physical education department a camping centre was established during the assessment period at cost of Rs.43 Lakhs.

Sports hostel

This University has separate sports hostel to provide accommodation for various sports tournament organizations

File Description	Documents
Upload relevant supporting document	View File

4.1.3 - Availability of general campus facilities and overall ambience

The territory of the campus is well marked with peripheral walls on all sides with entrance gate. . There are more than 5000 trees planted inside the university campus to maintain the green ecosystem in the campus. This university has administrative building, academic block, library, research laboratories and auditorium building and sports hostels. The link road is layed from the main entrance throughout the campus.

All the buildings have been constructed with differently abled friendly ramps.

The library building has a lift facility.

The university campus has lighting facilities in all places. Some of the street lights are solar energy based.

The University has ATM

Reverse Osmosis to provide purified drinking water which has been installed in academic block, men's hostel, women's hostel and mess halls.

Chennai metropolitan transport corporation provides bus facility to this University. MTC bus bearing No 55M has been allotted to have a shuttle service from Tambaram railway station to University campus.

This University has constructed additional floors for men's hostel and women's hostel at a cost of Rs.2.80 crores during the assessment period. In men's hostel 250 students have been accommodated and 120 students accommodated in women's hostel.

File Description	Documents
Upload relevant supporting document	View File

4.1.4 - Total expenditure excluding salary for infrastructure augmentation during the year (INR in Lakhs)

1450000

File Description	Documents
Upload the data template	View File
Upload relevant supporting document	View File

4.2 - Library as a Learning Resource

4.2.1 - Library is automated using Integrated Library Management System (ILMS) and has digitisation facility

This University Library has purchased updated version of Library Automation Software during the year 2016. The updated version consists of the following modules, Acquisition Control System,

Bibliographic Control System, Circulation Control System, Serials Control System, Online Public Access Catalog, Nirmals General Utilities and Gate Entry Management System.

The NIRMALS Pro 4.2 Library automation software facilitates Library management in several aspects such as Issue, Return, Renewal, automated circulation of books, Book Purchase, etc. This software also facilitates that student to access all the library resources in a single platform that is online open access catalogue. And they have the chance to reserve the books which is under lending.

Stock verification can be made using this software. The creation of Bibliographic Database is the first and foremost task that any Library Automation System should address itself. Library reading material-resources are broadly divided into Monographs, Nonbook materials and E-reserves. The database has been designed in such a

way that it incorporates all essential data elements (fields) described in ISBD (International Standard Bibliographic Description) and transforms/renders them according to the AACR2 format.

File Description	Documents
Upload relevant supporting document	View File

4.2.2 - Institution has subscription for e-Library resources Library has regular subscription for the following: e – journals e-books e-ShodhSindhu Shodhganga Databases

A. Any 4 or all of the above

File Description	Documents
Upload relevant supporting document	View File

4.2.3 - Annual expenditure for purchase of books/ e-books and subscription to journals/e-journals during the year (INR in Lakhs)

4771532.83

File Description	Documents
Upload the data template	View File
Upload relevant supporting document	View File

4.2.4 - Number of usage of library by teachers and students per day (foot falls and login data for online access)

11

File Description	Documents
Upload relevant supporting document	View File

4.3 - IT Infrastructure

4.3.1 - Number of classrooms and seminar halls with ICT - enabled facilities such as LCD, smart board, Wi-Fi/LAN, audio video recording facilities during the year

57

File Description	Documents
Upload the data template	View File
Upload relevant supporting document	View File

4.3.2 - Institution has an IT policy, makes appropriate budgetary provision and updates its IT facilities including Wi-Fi facility

IT Policy

TNPESU Information Technology Policy sets forth the central policies that govern the usage of information technology resources.

Objectives:

(i) To ensure the integrity, reliability, availability, and superior performance of the IT Systems

(ii) To ensure that the IT resources protects the official e-identity of an individual

(iii) To ensure that all the users responsible for adhering to the procedures governing the implementation.

IT usage and Prohibitions.

The users of the University shall make effective usage of campus collaboration systems, internet, wireless resources, official websites and MIS, LMS, Remote Login based facilities of the University and e-Library resources.

Users must not violate copyright law and must respect licenses to copyrighted materials. For the avoidance of doubt, unlawful file sharing using the University's information resources is a violation of this policy.

Users must abide by the rules of the University towards the usage of social networking sites, mailing lists, news rooms, chat rooms and blogs.

The users must refrain from making any unauthorized access of information in order to promote secure access of Network and Computers.

The regular updation of the anti-virus policy and security updates.

File Description	Documents
Upload relevant supporting document	View File

4.3.3 - Student - Computer ratio during the year

Number of students	Number of Computers available to students for academic purposes
822	118

4.3.4 - Available bandwidth of internet connection in the Institution (Leased line)

- ?1 GBPS**

File Description	Documents
Upload relevant supporting document	View File

4.3.5 - Institution has the following Facilities for e-content development Media centre Audio visual centre Lecture Capturing System(LCS) Mixing equipment's and softwares for editing

D. Any 1 of the above

File Description	Documents
Upload relevant supporting document	View File
Upload the data template	View File

4.4 - Maintenance of Campus Infrastructure

4.4.1 - Total expenditure incurred on maintenance of physical facilities and academic support facilities excluding salary component during the year

7971706

File Description	Documents
Upload the data template	View File
Upload relevant supporting document	View File

4.4.2 - There are established systems and procedures for maintaining and utilizing physical, academic and support facilities - laboratory, library, sports complex, computers, classrooms etc.

Our university campus of 125 acres has been fully protected by

compound wall so as to protect the campus from any encroachment and illegal entry of unauthorized persons.

Round the clock security persons are employed and the campus is secured. All the buildings in the campus are installed with CCTV and under complete surveillance.

At regular intervals the university cleans by removing the bushes and trimming the branches of the trees. A better environment is maintained around the university campus so that the students and staff feel the comfort of being in the university. As a major drive for every three months the entire campus is being cleaned by employing JCB, dozer manual workers and student volunteers.

The trees and plants are watered every day by our university gardeners.

The day today maintenance of the buildings in the campus is carried out by the estate officer of the university.

The buildings in the university are cleaned daily by sweeping and moping and a supervisor is there to monitor the work.

Separate wash areas are provided for students to wash their clothes. Sufficient water supply is being provided to the students.

File Description	Documents
Upload relevant supporting document	View File

STUDENT SUPPORT AND PROGRESSION

5.1 - Student Support

5.1.1 - Total number of students benefited by scholarships and free ships provided by the institution, Government and non-government agencies (NGOs) during the year (other than the students receiving scholarships under the government schemes for reserved categories)

493

File Description	Documents
Upload the data template	View File
Upload relevant supporting document	View File

5.1.2 - Total number of students benefited by career counselling and guidance for competitive examinations offered by the Institution during the year**221**

File Description	Documents
Upload the data template	View File
Upload relevant supporting document	View File

5.1.3 - Following Capacity development and skills enhancement initiatives are taken by the institution Soft skills Language and communication skills Life skills (Yoga, physical fitness, health and hygiene) Awareness of trends in technology

A. All of the above

File Description	Documents
Upload the data template	View File
Upload relevant supporting document	View File

5.1.4 - The Institution adopts the following for redressal of student grievances including sexual harassment and ragging cases Implementation of guidelines of statutory/regulatory bodies Organisation wide awareness and undertakings on policies with zero tolerance Mechanisms for submission of online/offline students' grievances Timely redressal of the grievances through appropriate committees

• All of the above

File Description	Documents
Upload relevant supporting document	View File

5.2 - Student Progression

5.2.1 - Number of students qualifying in state/ national/ international level examinations during the year (eg:NET/SLET/GATE/GMAT/CAT/ GRE/TOEFL/Civil Services/State government examinations)

5.2.1.1 - Number of students who qualified in state/ national/ international examinations (e.g.: IIT-JAM/NET/SET/JRF/ GATE /GMAT /CAT/ GRE/ TOEFL/Civil Services/State government

examinations) during the year**5**

File Description	Documents
Upload the data template	View File
Upload relevant supporting document	View File

5.2.2 - Total number of placement of outgoing students during the year**104**

File Description	Documents
Upload the data template	View File
Upload relevant supporting document	View File

5.2.3 - Number of recently graduated students who have progressed to higher education (previous graduating batch) during the year**52**

File Description	Documents
Upload the data template	View File
Upload relevant supporting document	View File

5.3 - Student Participation and Activities**5.3.1 - Number of awards/medals won by students for outstanding performance in sports/cultural activities at inter -university/state/national/international events (award for a team event should be counted as one) during the year****10**

File Description	Documents
Upload the data template	View File
Upload relevant supporting document	View File

5.3.2 - Presence of Student Council and its activities for institutional development and student welfare

The university students council is very active and encouraged to participate in academic and administrative bodies and committees

with the aim of fostering leadership, organization, and responsibility in the students. The Internal Quality Assurance Cell (IQAC) ensures the active participation of the student council on this campus.

Members of IQAC include the heads of significant academic and administrative units, a select group of faculty members, a select group of eminent educators/representatives of local committees, and students.

In both semesters, CR meetings were conducted once a month during this academic year 2021-22.

Students serve on all university and departmental function and program committees, and they are given the responsibility of carrying out various tasks related to those functions and programs. The university hosts events like Independence Day, Republic Day, Freshman's Day, Hostel Day, and more. During this year 2021-22, the student's council have organized religious festival like Onam, Diwali, Pongal, & Holi.

Additionally, the involvement of students in the planning of workshops, conferences, seminars, intercollegiate competitions, and inter-university competitions improves each student's confidence while also enhancing their subject knowledge and other skills, such as communication, teamwork, leadership, time management, and resource management.

File Description	Documents
Upload relevant supporting document	View File

5.3.3 - Number of sports and cultural events / competitions organised by the institution during the year

4

File Description	Documents
Upload the data template	View File
Upload relevant supporting document	View File

5.4 - Alumni Engagement

5.4.1 - The Alumni Association/Chapters (registered and functional) contributes significantly to the development of the institution through financial and other support services during the year

In 2021, 360 members have newly joined the alumni association.

To manage alumni activities and expand the alumni network, the university established and officially recognized the "TNPESU Alumni Association" as a registered body. The university's ambassadors on a personal level are the alumni.

Alums obtained information about the University, other students, juniors, conferences, alumni meets, featured alumni, success stories of alumni, etc. Through the TNPESU Alumni Association, which was established to strengthen alumni activity.

They would feel proud to mention to their peers that their alma mater still looks out for them. In order to connect alumni and their alma mater, the TNPESU Alumni Association serves as a conduit. With two key goals in mind, the Alumni Association was created.

1. To Increase in database of the alumni year on year:.

This enables us to get in touch with a lot of our notable alumni who have achieved great success. This assists us in obtaining financial support from them and gathering crucial feedback about their university, both of which help us advance.

2. Hosted invited speakers for lectures and seminars, to strengthen the alumni network .

The University alumni association uses its own electronic channels, such as Whatsapp, Facebook accounts, and email addresses, to communicate and keep its members up to date on the University's programs, activities, and developments.

The TNPESU alumni association's 2021-22 activities include:.

- The alumni's were invited to organize the state para-athletics championship 2021-22.

- The alumni's were invited to organize the TNPESU Intercollegiate Tournaments for the year 2021-22.

File Description	Documents
Upload relevant supporting document	View File

5.4.2 - Alumni contribution during the year (INR in Lakhs)	D. 1 Lakhs - 3Lakhs
File Description	Documents
Upload relevant supporting document	View File
GOVERNANCE, LEADERSHIP AND MANAGEMENT	
6.1 - Institutional Vision and Leadership	
6.1.1 - The institution has a clearly stated vision and mission which are reflected in its academic and administrative governance	
Compliance with the institution's vision and mission in terms of academic and administrative governance By ensuring a caring educational environment with vibrant leadership and development opportunities to meet the needs of the students, faculty, and society, Tamil Nadu Physical Education and Sports University has contributed to the academic and administrative governance, including activities that promote educational, physical activity, and sports development. Through specific and decided goals, academic and administrative governance works hard to realize its vision and mission. The reflection of vision and mission of TNPESU is entrusted by: • The Governance framework • Academic efficiency • Professional administrative synchronization • The strategic plan for the development of policies was drawn on an episodic basis drawing on the wide-ranging experience and expertise of governing bodies including the Planning Board, Syndicate, Board of Studies, Academic Council, and Finance Committee. • This University enjoys full autonomy with a compact Syndicate comprising learned members and professionals chaired by the Vice Chancellor taking the policy decisions. Key decision-making bodies of the University such as Syndicate, Academic Council, Board of Studies, and Finance Committee have representatives of the Teaching Faculty. • At TNPESU, faculty participation in academic, financial, and administrative governance could be one example of participatory university governance. Such interactive practice is a must for a conducive and successful working environment	

in the academic community.

File Description	Documents
Upload relevant supporting document	View File

6.1.2 - The effective leadership is reflected in various institutional practices such as decentralization and participative management

Tamil Nadu Physical Education and Sports University practices decentralized governance by involving the leadership and all the stakeholders in a system of co-responsibility. A mechanism of delegating authority at all levels of hierarchy, which empowers individual participation, starting from the Vice-Chancellor to faculty members for effective implementation & monitoring of various policies, regulations & guidelines of the University.

- The decentralized management approach in various activities, initiatives, and decision-making involves HODs, faculty members, and students. The committee members and the person In-charges review the progress of the events and take timely action to ensure smooth functioning.
- Various different panels and committees such as the Syndicate Committee, Academic Council,
- The Board of Studies and Finance Committee chaired by the Vice-Chancellor and supported by the Registrar, Heads of Departments, Controller of Examinations, and Finance Officer ensures transparency and a collective decision-making process.
- The academic activities and student support distributed on the campus are managed by faculty members, and the departments with their respective HODs. The department organizes many student-centric programs, activities, and events to enhance the sense of belonging, and pride in them as they enjoy functional autonomy.
- The institution is functioning effectively with the culture of participative management, which enables the administrative members, faculty, students, and alumni to give their opinion and suggestions through the ongoing feedback mechanism to ensure continual progress.

File Description	Documents
Upload relevant supporting document	View File

6.2 - Strategy Development and Deployment

6.2.1 - The institutional Strategic plan is effectively deployed

Tamil Nadu Physical Education and Sports University, Chennai is a 15-year-old institution serving with the motto of "Excellence in Physical Education and Sports". TNPESU perspective / strategic plans and deployment documents are prepared periodically and made available to all the stakeholders in order to achieve the desired targets.

The institution develops strategic and long-term strategies to meet the needs of society and business by developing technically sound engineers and managers through high-quality education. The well-established infrastructure of the institution supports students' advancement in both social and technical excellence. The institute has created strategic plans to implement IQAC in order to provide improved industry and institute contact, quality teaching and learning, an incubation and innovation center, and the promotion of research in both staff and students.

Successfully Implemented

The institution uses the following methods to track and assess policies:

- The feedback mechanism; regular meetings of the Councils (Governing Council, Managing Council, and IQAC);
- Repeated department visits by the Academic Audit Team (twice per semester).
- The Vice Chancellor's frequent department visits and interactions with department leaders
- Department heads routinely check each department's computer system.
- Each HoD's annual evaluation and presentation of their efforts.

File Description	Documents
Upload relevant supporting document	View File

6.2.2 - The functioning of the institutional bodies is effective and efficient as visible from policies, administrative setup, appointment and service rules, procedures, etc.

Tamil Nadu Physical Education and Sports University has a distinct structure for effective administration. It functions under the rules and regulations in line with the statutes and ordinances of the University policies.

The University is functioning under the Department of Youth Welfare and Sports Development, Government of Tamil Nadu. Under the able administration, of His Excellency, the Governor of Tamil Nadu as the Chancellor and the Honourable Minister of Youth Welfare and Sports Development as the Pro-Chancellor; the university strives to make progress with the vision and mission to promote sports and its allied fields.

The Members of the Planning Board and the Syndicate are the principal planning body, preparing strategizing, and designing perspective plans for the continual development of the institution.

The Academic Council with the Head of the Departments, and eminent persons both from industries & academic institutions help the curriculum and syllabus contents of the various programs offered to keep it relevant to the current requirements in the field.

The faculty members along with the Vice-chancellor, Registrar, Finance Officer, Controller of the Examinations, and the Director of Distance Education. For effective functioning, various committees such as Finance Committee, Research Alliance Committee, and the Department Research Committee help in carrying out responsibilities to ensure role clarity and accountability within the given framework. As per the guidelines of statutory bodies and approval by the University authorities, well-defined and disseminated service rules, procedures, recruitment & promotion policies are in place.

File Description	Documents
Upload relevant supporting document	View File

6.2.3 - Institution Implements e-governance in its areas of operations

6.2.3.1 - e-governance is implemented covering following areas of operation 1. Administration 2. Finance and Accounts 3. Student Admission and Support 4. Examination	A. All of the above
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File Description	Documents
Upload the data template	View File
Upload relevant supporting document	View File

6.3 - Faculty Empowerment Strategies

6.3.1 - The institution has a performance appraisal system, promotional avenues and effective welfare measures for teaching and non-teaching staff

In accordance with the rules of the University, TNPESU monitors a well-defined system for appraising the performance of Teaching and Non-Teaching staff. A format on Performance Based Appraisal System based on the guidelines stipulated by the UGC, is used to collect the information through which the faculty members are assessed on the indicated parameters. The promotion of the faculty members to move from one level/ cadre to another is done through the Career Advancement Scheme, which is based on the API scores. The teaching staff is permitted from time to time to upgrade their knowledge by taking up orientation, refresher, and short-term courses, and by attending workshops and conferences in India and Abroad. The non-teaching staff are also encouraged to do further studies part-time and take up departmental examinations to upgrade their skills and increments and promotions are duly granted on time.

The University effectively implements welfare schemes for the teaching and non-teaching faculties. It makes arrangements for availing all the government schemes such as Gratuity, Pension, Commutation of Pension, Compensatory Provident Fund, Interest Festival Advance, Staff Quarters, Wi-Fi facility on the campus, Earned Leave encashment, Medical Insurance, Maternity Leave, In-house Medical Facility, Family Insurance, Subsidised tariff for university transport, ATM facilities within the campus, Accessibility to Gymnasium, Leave on Overseas Project or Conference. Two sets of uniforms free of cost every year are given to Staff nurses, Office Attendants, Sweepers, and Scavengers Tournaments are organized between the teaching and the non-teaching staff.

File Description	Documents
Upload relevant supporting document	View File

6.3.2 - Total number of teachers provided with financial support to attend conferences / workshops and towards membership fee of professional bodies during the year

1

File Description	Documents
Upload the data template	View File
Upload relevant supporting document	View File

6.3.3 - Number of professional development / administrative training Programmes organized by the institution for teaching and non-teaching staff during the year

2

File Description	Documents
Upload the data template	View File
Upload relevant supporting document	No File Uploaded

6.3.4 - Total number of teachers undergoing online/ face-to-face Faculty Development Programmes (FDP)during the year(Professional Development Programmes, Orientation / Induction Programmes Refresher Course, Short Term Course)

27

File Description	Documents
Upload the data template	View File
Upload relevant supporting document	View File

6.4 - Financial Management and Resource Mobilization

6.4.1 - Institutional strategies for mobilisation of funds and the optimal utilisation of resources

The university keeps an eye on resource mobilization and financial management. The allocation and planning of financial resources follow established protocols and processes. The organization has created plans for allocating funds and making sure that its financial administration is transparent. Regular internal and external audits are performed on the institution's revenue and expenses. The university's finance committee meets at least twice a year to discuss the university's financial condition and planning. The university's strategic strategy, which includes developing endowment assets, employing financial best practices in resource deployment, and utilizing a highly functional information technology infrastructure, supports the management of financial resources. Currently, the university is self-sufficient.

The goal of the resource mobilization policy is to direct the university's efforts in creating a solid financial foundation for its programs. It examines the university's funding pattern and offers recommendations and tactics for raising money to support the strategic plan's implementation and, ultimately, the accomplishment of the university's vision and mission. The plan creates a crucial connection between the difficulties in obtaining outside funding and the ongoing internal improvements required to meet the goals. In general, resources are needed for many different things, including administration, academic affiliation, infrastructure, development, and maintenance, as well as other things. A stringent budgetary control on expenditures is applied in accordance with the act's provisions to guarantee proper and optimal utilization of the resources. Additionally, internal and external audits are performed.

File Description	Documents
Upload relevant supporting document	View File

6.4.2 - Funds / Grants received from government bodies during the year for development and maintenance of infrastructure (not covered under Criteria III and V) (INR in Lakhs)

695.39

File Description	Documents
Upload the data template	View File
Upload relevant supporting document	View File

6.4.3 - Funds / Grants received from non-government bodies, individuals, philanthropists during the year for development and maintenance of infrastructure (not covered under Criteria III and V)(INR in Lakhs)

0

File Description	Documents
Upload the data template	View File
Upload relevant supporting document	No File Uploaded

6.4.4 - Institution conducts internal and external financial audits regularly

The Internal Audit of the institute is carried out by Local Fund Audit and the External Audit is carried out by the office of the Accountant General. Statutory Compliance Review of Provident fund

remittances, Employee state insurance remittance, Goods and services tax returns, Contract labor rules, and Income tax payments, Internal Audit is to review the systems and suggest the University authorities, the solutions to improve the current systems. The External cum statutory audit reviews and vouches the entries like Receipts, Bill payments, Cash entries, Journals, etc., of the University for the said financial year. The statutory audit will review in depth, all the incomes and expenditures of the University, to ascertain that, they are as per the standard accounting policies. The statutory audit will review the financial position and recommend how to effectively optimize any additional liabilities of the University. Annual audit report submitted to income tax department. The finance officer periodically prepares financial estimates in consultation with the authorities and obtains the forecast for the year received from the various departments of the University. This is to ensure the maintenance of the annual account and balance sheet of the University and the audit thereof. The finance officer evolves and installs the Accounts Manual for use in the University.

File Description	Documents
Upload relevant supporting document	View File

6.5 - Internal Quality Assurance System

6.5.1 - Internal Quality Assurance Cell (IQAC) has contributed significantly for institutionalizing the quality assurance strategies and processes by constantly reviewing the teaching learning process, structures & methodologies of operations and learning outcomes at periodic intervals

The University executes a number of academic and administrative activities throughout the year to maintain quality in terms of making the teaching-learning process more participative by adopting various methods. One such mechanism adopted was the implementation of the ITC Lab and the English Language Laboratory.

The ICT lab is equipped with computer-assisted learning and digital materials to supplement classroom teaching. The faculties are encouraged to use ICT-enabled tools and to employ other teaching methods. Information and communication technology is the means of education that use information and communication to support, enhance, and optimize the knowledge of students at the global level. With the integration of ICT with audiovisual aids, leading to a blended learning process,

The University has also established an English language laboratory

which is equipped with computers with the software, where the students will have access to learn a foreign language, by practicing sound and word patterns individually with the help of audio equipment. It is an interactive way to acquire the 4 main language skills: listening, speaking, reading, and writing. This would provide students with access to language learning resources and tools that can enhance their language skills and proficiency. The teachers are provided with tools for assessing and monitoring student progress, making it easier to identify areas where students need additional support. The need to establish this laboratory was felt, as the majority of the students are from rural backgrounds who excel in sports..

File Description	Documents
Upload relevant supporting document	View File

6.5.2 - Institution has adopted the following for Quality assurance Academic Administrative Audit (AAA) and follow up action taken Confernces, Seminars, Workshops on quality conducted Collaborative quality initiatives with other institution(s) Orientation programme on quality issues for teachers and studens Participation in NIRF Any other quality audit recognized by state, national or international agencies (ISO Certification, NBA)

A. Any 5 or all of the above

File Description	Documents
Upload the data template	View File
Upload relevant supporting documnent	View File

6.5.3 - Incremental improvements made for the preceding during the year with regard to quality (in case of first cycle) Post accreditation quality initiatives(second and subsequent cycles)

Initiatives have been taken to improve the standard within the purview of the policies of the institution and implemented the following which includes :

- **Development of the Infrastructure: Construction of additional classroom buildings, procurement of furniture and equipment.**
- **Construction of Sports Centre for Differently abled**
- **Introduction of diploma, skill and certificate courses &**

coaching for competitive exams, soft skills training have been introduced to enhance student employability

- Establishment of Kalraripayattu and Silambama Center
- An incubation centre has been initiated to promote entrepreneurship.
- Sports, self-defence training, CSR activities, and wellness programmes have been developed to improve the physical & mental health of students
- e- content modules - Motorised Screens
- The grievance redressal system & disciplinary committees are functioning actively
- Ramps and lifts have been installed to support the movement of differently-abled people.
- New hostel buildings are in the process of construction to address the increasing number of students seeking residence on campus.
- Initiatives to fill up the vacant teaching posts.
- Collaborative Linkages to be made functional.
- Student Mentoring System to be made more operative for the betterment of the students.
- Library facilities were augmented by establishing an e-Library Centre
- Under the RUSA 2.0 scheme - Two-wheeler and Four-Wheeler Parking have been constructed.
- Furniture (Classroom Steel Desk and Bench) for students and Teaching staff Table and Chair
- Equipment for Weight Lifting and Gymnastics and Isokinetic equipment for the upgradation of the Biomechanics Laboratory.
- Strengthening of Feedback System from all stakeholders.

File Description	Documents
Upload relevant supporting document	View File

INSTITUTIONAL VALUES AND BEST PRACTICES

7.1 - Institutional Values and Social Responsibilities

7.1.1 - Measures initiated by the Institution for the promotion of gender equity during the year

The girl students of this University can benefit from all the advantages that male students enjoy at the university, including admission, participation in sports and cultural events, housing in hostel, transportation, placement, scholarships, etc.

Safety and Security: For ensuring safety and security of girls, security personal posted at critical points of the entire University

campus and also CCTV Cameras have been installed at all the vital points so as to watch the movement of people closely.

Counseling:An in-campus Centre for Psychological Counseling to tackle possible issues like anxiety, depression, managing stress, building self-compassion, study and test-taking skills, suicidal tendencies and relationship issues that are becoming more prevalent in modern day campus life.

Common Rooms:Common rooms has been exclusively provided for girl students as well as women staff at both in the academic block and the hostel with all the necessary amenities such as wi-fi, drinking water, etc.

Other Facilities Offered:The University has a health center with a Medical Officer and a female Staff Nurse which caters to the health needs of women in the University. The University has also established Women Complaint Cell and Internal Complaints Committee.

File Description	Documents
Upload relevant supporting document	View File
Annual gender sensitization action plan(s)	Nil
Specific facilities provided for women in terms of: a. Safety and security b. Counseling c. Common rooms d. Daycare Centre e. Any other relevant information	Nil

7.1.2 - The Institution has facilities for alternate sources of energy and energy conservation Solar energy Biogas plant
Wheeling to the Grid Sensor-based energy conservation
Use of LED bulbs/ power-efficient equipment

A. Any 4 or All of the above

File Description	Documents
Upload relevant supporting document	View File

7.1.3 - Describe the facilities in the Institution for the management of the following types of degradable and non-degradable waste (within 200 words) Solid waste management Liquid waste

management Biomedical waste management E-waste management Waste recycling system
Hazardous chemicals and radioactive waste management

SOLID WASTE MANAGEMENT: The solid wastes are categorized as biodegradable and non-biodegradable and are accumulated at different collection bins. The local municipal administration collects them twice in a week. The food wastes are used for bio gas plant installed in the Hostel. The paper wastes are disposed once in three months through auction. All other scraps are disposed by Scraps Disposal Committee once in three months.

LIQUID WASTES: The University ensures that water is optimally used. The liquid wastes from the rest rooms and wash rooms of different buildings are reused for watering the plants and trees planted in the nearby area of the respective buildings. The plumbing pipe lines are checked to arrest water leakages if any. The drinking water facilities are taken care of and it is ensured that no drinking water is wasted.

E-WASTES MANAGEMENT: The University ensures that e-wastes are disposed safely by following Standard Operating Procedures. They are accumulated from different sections and kept safely and disposed as per the guidelines prescribed by the Pollution Control Board.

WASTE RECYCLING SYSTEM: The University has a 2.0 M³/Day Biogas Plant out of food waste of 20 kg /day installed in the hostel mess of the University.

File Description	Documents
Upload relevant supporting document	View File

7.1.4 - Water conservation facilities available in the Institution: Rain water harvesting Bore well /Open well recharge Construction of tanks and bunds Waste water recycling Maintenance of water bodies and distribution system in the campus

A. Any 4 or all of the above

File Description	Documents
Upload relevant supporting document	View File

7.1.5 - Green campus initiatives include

7.1.5.1 - The institutional initiatives for

A. Any 4 or All of the above

greening the campus are as follows:

- 1.Restricted entry of automobiles
- 2.Use of bicycles/ Battery-powered vehicles
- 3.Pedestrian-friendly pathways
- 4.Ban on use of plastic
- 5.Landscaping

File Description	Documents
Upload relevant supporting document	View File

7.1.6 - Quality audits on environment and energy are regularly undertaken by the institution

7.1.6.1 - The institution's initiatives to preserve and improve the environment and harness energy are confirmed through the following:

1. Green audit
2. Energy audit
- 3.Environment audit
- 4.Clean and green campus recognitions/awards
- 5.Beyond the campus environmental promotional activities

A. Any 4 or all of the above

File Description	Documents
Upload relevant supporting document	View File

7.1.7 - The Institution has a disabled-friendly and barrier-free environment Ramps/lifts for easy access to classrooms and centres. Disabled-friendly washrooms Signage including tactile path lights, display boards and signposts Assistive technology and facilities for persons with disabilities: accessible website, screen-reading software,mechanized equipment, etc. Provision for enquiry and information: Human assistance, reader, scribe, soft copies of reading materials, screen reading, etc.

A. Any 4 or all of the above

File Description	Documents
Upload relevant supporting document	View File

7.1.8 - Describe the Institutional efforts/initiatives in providing an inclusive environment i.e. tolerance and harmony towards cultural, regional, linguistic, communal, socio-economic and other diversities (within a maximum of 200 words)

- The University encourages efforts in providing an inclusive environment in its campus. Admission is given for other students also and their life in the University campus is very well taken care of. They are encouraged in participating all cultural and sports events. Food is arranged in the hostel mess according to their need. They are helped to apply for scholarships in their respective states. For under Graduate students, Hindi is also offered as a second language.
- The University celebrates all festivals in a grand manner involving students and staff every year. Major religious festivals such as Deepavali, Christmas, Vijayadasami and Ramzan are celebrated on the campus with great vigor. Many events such as cultural, traditional games, competitions are conducted and the winners are rewarded.
- Major linguistic cultural events such as Pongal, Onam, Vishu etc, are celebrated with great enthusiasm.
- The University students participate in cultural events held in other Institutions and thereby preserve our traditional value.
- While University is striving hard to impart academic input to the students, it is also taking efforts in imbibing cultural value in the minds of students wherever possible for ensuring tolerance and harmony towards different cultural, regional, linguistic, communal socio economic and other diversities.

File Description	Documents
Upload relevant supporting document	View File

7.1.9 - Sensitization of students and employees of the institution to constitutional obligations: values, rights, duties and responsibilities of citizens:

- The University fulfils all constitutional obligations as a part of making students as responsible citizens. The Curriculum of all the Programs have courses related to Value Education and Professional Ethics. Some of such courses are Value and Environmental Education, Constitution of India, Stress Management, Professional Development Through Life Enlightenment Skills, Yogic Psychology, Personality Development,

Gender Studies, Human Rights and Professional Ethics in Engineering.

- University takes efforts to make students to know and understand the values, rights, duties and responsibilities which they have to possess to be a responsible citizen.
- Besides these efforts, the university students with the help of the Health Centre organize Blood donation camps regularly in collaboration with the medical colleges situated nearby the University. This initiative of the University helps the needy patients. This also helps the students to know the value of giving/ helping others.
- Through the Village Placement Program, the University students regularly conducts awareness programs on health, Education, road safety, polio, environmental protection, AIDS, Nutrition, women empowerment, savings sports, fitness to the people in the nearby villages so as to make them known and understood the significance of the above mentioned activities. This helps the students to understand their responsibilities as good citizens.

7.1.10 - The Institution has a prescribed code of conduct for students, teachers, administrators and other staff and conducts periodic programmes in this regard. The Code of Conduct is displayed on the website There is a committee to monitor adherence to the Code of Conduct Institution organizes professional ethics programmes for students, teachers, administrators and other staff Annual awareness programmes on Code of Conduct are organized

All of the above

File Description	Documents
Upload relevant supporting document	View File

7.1.11 - Institution celebrates / organizes national and international commemorative days, events and festivals

The University has recognized the importance of celebrating and organizing National and International Commemorative days, events and festivals in the University campus in order to impart the significance of each event to the students and thereby make them imbibe the value system of the society. The University observes all the important day such as Constitution day, Voters day, Army day, Martyr's day, Science day, Women's day, Disabled day, Health day,

Heritage day, Earth day, Workers day, Mother's day, World environment day, population day, Friendship day, National Sports day, Teacher's day, Literacy day, Tourism day, World Food day, World Aids day, Youth day, Human rights day are observed in the University to make the students understand the significance of each day and its relevance to the present scenario. The University celebrates National Sports Day and International Yoga Day with great vigor.

All events are conducted for the students of various Departments to make them understand the value system. The Independence Day and Republic Day celebrations are conducted every year in order to make the students to know the importance of freedom struggle. The University tries to imbibe national interest in the minds of students and make them a responsible Citizens.

File Description	Documents
Upload relevant supporting document	View File

7.2 - Best Practices

7.2.1 - Describe one best practice successfully implemented by the Institution as per NAAC format provided in the Manual

STUDENT OUTREACH INITIATIVES FOR RURAL COMMUNITY DEVELOPMENT

The university's Student Outreach Initiatives make every effort to promote development in the communities.

1. Objectives of the Practice:

i) to work with communities to make them realize the importance of participative democracy, sustainable development, rights, economic opportunity, equality and social justice and focus on their achievement and

ii) to promote health awareness among the people in the villages

2. The Context:

All Undergraduate and Postgraduate Regular Courses at the University the Student Outreach Initiatives.

3. The Practice:

Every year, students enrolled in various regular courses choose

villages either close to or far from the university and get formal approval from the panchayat (local body) and the university department to carry out students outreach initiatives.

4. Evidence of Success of Students Outreach Initiatives:

The success of the student outreach initiatives is demonstrated by the following: i) an improvement in village sanitation; ii) an increase in village child education and iii) the availability of affordable medical aid to the villagers through ayurveda, herbs, naturopathy, and yogic science.

5. Problems Encountered and Recourses Required

The main problem encountered is mobilization of funds for the programme.

7.3 - Institutional Distinctiveness

7.3.1 - Highlight the performance of the institution in an area distinct to its priority and thrust (within a maximum of 200 words)

Innovative Laboratories for Dissemination of Sports Knowledge

Background

During the previous decade, Indian sports have experienced amazing growth. Despite the efforts of the Governments and respective sports federations in developing sports in India, significant progress has not been made at the international level due to a lack of access to the newest technology and expertise by players and coaches. As a result, it is critical to teach the latest sports technology to athletes and coaches so that they can improve their sports performance by modifying their regular sports training.

Innovative Laboratories

To try to close the gap, the University has created the following unique sports laboratories with the goal of distributing sports information to the sport's stakeholders:

1. Computerized Low-Speed Subsonic Wind Tunnel Laboratory to analyse the influence of aerodynamic forces and wind impacts on sports applications.
2. Computational Sports Technology Laboratory uses CAD and Ansys Workbench to design and create sports items and equipment. For match analysis, DartFish is employed.

3. **Center of Excellence in Biomechanics** for biomechanical assessment of athletes from high school to elite levels in order to improve sports performance, avoid injuries and identify talents.
4. **Exercise Physiology laboratory** is used to determine the functional capabilities of athletes' bodily systems.

7.3.2 - Plan of action for the next academic year

The following action plan is presented in order to distribute sports information to stakeholders:

1. **Workshops/Training sessions** will be held for coaches, sports officials, and athletes to learn more about sports science and technology.
2. The University will give consultancy services to the sports federations, sports academies, and sports goods manufacturers to help them promote sports in the country and build sports business.
3. **Conferences** will be held in diverse sports domainsto bring together like-minded people, discuss ideas, and showcase sports development.
4. **MoUs** will be signed with Universities, Federations, Academies, MNCs, and Start-ups for R&D, resource sharing, and knowledge transfer.